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| ***Code*** | ***Title*** | ***Credits*** | ***Option*** |
| First Semester | | | |
| FT 5101 | Principles of Food Science | 2 | Compulsory |
| FT 5103 | Biochemistry | 3 | Compulsory |
| FT 5105 | Food Microbiology | 2 | Compulsory |
| FT 5113 | Human Nutrition | 3 | Compulsory |
| FT 5114 | Nutritional and Health Aspects of Food | 2 | Compulsory |
| FT 5199 | Seminar | 1 | Compulsory |
| FT 5111 | Food Safety | 2 | Elective |
| FT 5151 | Sociology of Food and Nutrition | 2 | Elective |
| FT 5152 | Sports Nutrition | 2 | Elective |
| FT 5153 | Nutrition Advocacy and Counselling | 2 | Elective |
| FT 5154 | Functional Foods and Nutraceuticals | 2 | Elective |
| EX 5101 | Principles of Communication | 2 | Elective |
| ST 5103 | Data Analysis Using Statistical Software | 3 | Elective |
| ST 5155 | Design and Analysis of Experiments | 2 | Elective |
| Second Semester | | | |
| FT 5198 | Directed Study | 2 | Compulsory |
| FT 5214 | Community Nutrition | 2 | Compulsory |
| FT 5215 | Assessment of Nutritional Status | 2 | Compulsory |
| FT 5217 | Dietetics | 2 | Compulsory |
| FT 5216 | Planning and Management of Food and Nutrition Programmes | 2 | Elective |
| FT 5207 | Meat and Fish Science and Technology | 3 | Elective |
| FT 5209 | Processing of Milk and Milk Products | 2 | Elective |
| FT 5213 | Techniques in Research and Scientific Writing | 2 | Elective |

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| FT 5218 | Nutrition Epidemiology | 2 | Elective |
| FT 5221 | Food Lipids | 2 | Elective |
| FT 5223 | Food Analysis | 3 | Elective |
| FT 5225 | Current Topics in Nutrition | 1 | Elective |
| EC 5207 | Food and Nutrition Economics | 2 | Elective |